Lord, Who throughout These 166 Forty Days



- 1 Lord, who through-out these for ty days for us did fast and
- 2 As you with Sa tan did con-tend and did the vic-tory
- 3 And through these days of pen i tence, and through this Pas-sion-
- 4 A bide with us, till when this life of suf fering shall be





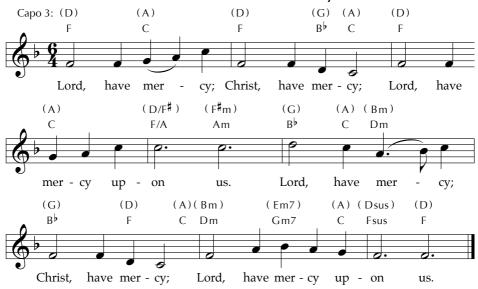
pray, teach us with you to mourn our sins and close by you to stay. win, O give us strength to per - se - vere, in you to con-quer sin. tide, yes, ev - er - more, in life and death, O Lord, with us a - bide past, an Eas - ter of un - end - ing joy we may at - tain at last.



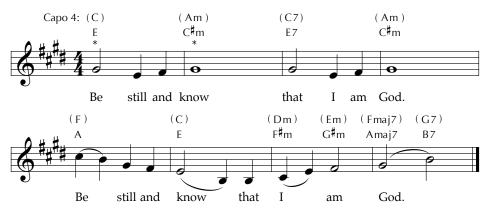
Like many of this author's hymns, this text was written primarily for children but works equally well in reminding adults how Lent connects us with Christ's temptation in the wilderness and prepares us for Easter. The 16th-century English psalm tune provides sturdy support.

Lord, Have Mercy

551



414 Be Still and Know That I Am God



^{*}May be sung as a canon.

In many situations, simplicity is more challenging than embellishment. The spiritual life is no exception, as these eight stark monosyllables from Psalm 46:10a make clear. The musical setting is similarly spare, using only five notes to create a sense of melodic spaciousness.

TEXT and MUSIC: John L. Bell, 1989

PSALM 46 Irregular

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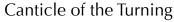
Although the Temptation of Christ is mentioned in all three synoptic gospels (Matthew 4:1–11/Mark 1:12–13/Luke 4:1–13), this hymn is based on the Lukan version. It is notable that each stanza begins "when," not "if"; temptation is not an optional feature of the spiritual life.

TEXT: Thomas Ken, 1695, C709 MUSIC: Genevan Psaller, L1331

"Or "God"

OLD HUNDREDTH

$100\,$ My Soul Cries Out with a Joyful Shout





- 1 Mv soul cries out with a ful shout that the joy -2 Though I am small, my God, my all, you
- halls 3 From the of power to the for - tress tower, not
- 4 Though the na - tions rage from age to age, we re -



God of heart and my spir - it sings my is great, work great things and your mer - cy will last from the in me, stone will be left on stone. Let the king be ware for your mem - ber who holds God's de us fast: mer - cy must



things that you the ones who won - drous bring wait. to depths of the past to the end of the to be. age tice tears ty - rant from his throne. ius ev - ery liv from the con - quer-or's crush - ing er us grasp.



sight You fixed your ser - vant's plight, on your my the shame. to Your name ver y puts proud to The poor shall weep the no more, for hun gry the This - ing word that fore - bears heard is sav our



did not spurn, so from east to west weak - ness you those who would for you yearn, you will show your might, put the ta - bles spread; ev - ery they can nev - er earn; there are prom - ise which holds us bound, till the spear and

By employing an energetic Irish folk song for its melody, this ballad-like paraphrase of the Magnificat, Mary's song at her meeting with her relative Elizabeth (Luke 1:46–55), recaptures both the wonder and the faith of the young woman who first recognized what God was doing.

